

THE MESSENGER

Newsletter for Redeemer Lutheran Church and Preschool



Urgent Closings at Redeemer

Randy Mayer, Congregational President

From time to time, conditions will compel us to close our campus. This could be due to inclement weather or other emergencies that would make our facilities unfit for receiving the public. Please note that the preschool may implement additional policies that are more appropriate for their needs.

Using the various communication tools at Redeemer, we will notify you of closings via Remind, 30 Second Update, Facebook, our website, and through our App's notification (so be sure to download the app and allow for notifications). Please contact Sean Miller, DCS at dcs@redeemerfxbg.org, if you have any questions or issues regarding these tools.

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CONTACT US

info@redeemerfxbg.org

540-898-4748

Promoting Church News and Events

Sean Miller, DCS

Discover diverse avenues to share updates about Redeemer Lutheran Church and its ministries! We have multiple outlets for communicating news and events: the Messenger Newsletter, Facebook, our website and our app. Take advantage of these digital platforms to reach the extended Redeemer family. For specific media requests, reach out to the designated contacts for our various methods listed below. Explore our website at redeemerfxbg.org and download our app at linktr.ee/redeemerfxbg. If you have any questions or want to learn more about how to use these tools, contact me at dc@redeemerfxbg.org.

Website, App, & Facebook:

For inquiries regarding these platforms, please contact:

Sean Miller, Digital Communications Specialist

dc@redeemerfxbg.org

The Messenger Newsletter

Submissions are due on the 15th of each month. To submit content, please contact:

Sean Miller, DCS

newsletter@redeemerfxbg.org

Worship Slides & Church Announcements

For inquiries regarding these platforms, please contact:

Carrie Frank, Church Secretary

info@redeemerfxbg.org

Redeemer Men's Breakfast

Redeemer's Men meet for breakfast and fellowship on **Saturday, January 20 at 8 AM** at Jimmy the Greek Restaurant, 3401 Lafayette Blvd. The subject of discussion will be "Encounters with Jesus: Nathanael." All are welcome to come. The wives are also invited to join Grumpy Sue for breakfast.

Hope to see you Saturday morning! ~ John O.

Quilting Group

Our Quilting group meets on the third Saturday of each month from **9 AM - 12 PM** (this month: January 20). Please contact Anna Jennings with any questions at 540-412-5373 (home) or 540-842-7920 (cell). A big thank you to all the quilters for their work and to Carol and William Demarest for delivering quilts to the warehouse in Maryland.

Take-a-Puzzle, Leave-a-Puzzle (or Game!)

Are you looking for a new puzzle or game to play during the cold winter months? Do you have a puzzle you have completed or a game that is ready for a new home? If so, please bring your puzzles and games to Redeemer to share in our Take-a-Puzzle, Leave-a-Puzzle (or Game). A table will be set up in the fellowship hall for January for people to donate games and puzzles and/or to take some fun home! You do not need to bring puzzles or games to take them home! At the beginning of February, all remaining games and puzzles will be donated.

Please tape your puzzle and game boxes closed to prevent the contents from spilling. For more information, contact Carrie Frank at info@redeemerfxbg.org or call the church office at 540-898-4748.

Family Nights!

Redeemer will be hosting Family Nights starting at **6:30 pm every 2nd and 4th Tuesday of the month**. Our first gathering will be on **January 9th**. There will be dinner, devotions, activities, and games! Contact Katie Tennstadt for more information.

Mom's Night Out

Moms Night Out this month will be **January 18th at 6:30pm** at Kick Back Jack at Southpoint. If you need child care that night please let Katie Tennstedt know. RSVP January 15th so an accurate reservation can be made. Join us on Remind

<https://www.remind.com/join/rlcmno> or text @rlcmno at 81010.

Christmas Cantata

Join us for the choir and chimes rendition of a New Year's cantata, "A Christmas Music Box." This musical journey will transport us through the timeless carols of Europe, complemented by a delightful chimes accompaniment and a narrative of the Christmas story. The cantata will be presented at both services on **January 7**.

The Holy Family – Stewards of Faith Formation



*From the Presentation in the Temple
to the Finding in the Temple - through
the flight to Egypt and back -
+ Jesus, Mary, and Joseph
Form and Steward the gift of Faith!*

*"God His own doth tend and nourish,
In His Holy courts they flourish."
Children of the Heavenly Father*

Fellowship Committee Update:

A big thank-you to all who helped cook, serve, and clean for the Advent dinners. It was great food, and all enjoyed the fellowship at this special time of the year.

Please prayerfully consider signing up in the Fellowship Hall to provide snacks between Services. Many hands make light work, so grab a friend to help out! Instructions for making the coffee are printed by the coffee machine. If you need help, let us know! Cleaning up the kitchen afterwards and taking out the trash to put in the dumpster is also part of the duty. If you need any extra help or guidance, please feel free to reach out to Karen Tehovnik or Vicki Ashby.

There is a new warming oven in the kitchen to be used to keep pre-cooked foods warm. If you are unsure how to operate it, please reach out to Karen, Vicki, or Sharon Evenson. Only 1 switch to the "on" position is needed for use.



Keep doing the things you love.

Catch health problems before they go too far.

Life Line Screening offers a 5-screening package to provide peace of mind or early detection for risks of stroke and cardiovascular disease. The combination of these tests helps detect problems—**before you have symptoms** and while you and your doctor can still take action...so you can keep doing the things you love.




Register now to check the health of your arteries

5 Important Screenings for Only \$149 (Special Package Pricing)

- Carotid Artery Screening (Plaque)
- Heart Rhythm Screening (Atrial Fibrillation)
- Abdominal Aortic Aneurysm Screening
- Peripheral Arterial Disease Screening
- Osteoporosis Risk Assessment

Plaque buildup can lead to cardiovascular disease, stroke and aneurysms.




A normal artery allows blood to flow through easily.

Plaque buildup in the arteries reduces your blood flow and can be dangerous if left untreated.

Join the 10 million people who have been screened.
We are coming to your neighborhood.

When: Saturday January 13, 2024

Where: Redeemer Lutheran Church
5120 Harrison Road Fredericksburg, VA 22408

To register for your appointment and to receive the special discount, please call toll-free **877-754-9648** or visit [LLSA.SOCIAL/HS](https://llsa.social/hs)

Screening results are provided to you in about 14 days. We direct all participants with abnormal results to take the report to their physician. Appropriate modification of risk factors (including high blood pressure, smoking, heart disease, diabetes and poor diet) is also necessary for cardiovascular disease prevention. Our screenings cannot detect all forms of stroke risk or cardiovascular disease. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Price does not include any applicable review fees. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does not file insurance claims nor provide referrals to any physician's group or hospital. If you are unable to attend the screening for any reason whatsoever, we will issue a gift card for the full amount to be used by you, or anyone you choose, for future screening services.



VISIT OUR WEBSITE

You'll find all you need:

- Weekly Devotions
- Service Scripts
- And More!

www.redeemerfxbg.org

January Birthdays and Anniversaries

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Audrey Schmidt's birthday Dave Allen's birthday Jack and Amanda McGrady's anniversary	1 Amanda Baldwin's birthday	2 James Bronz's birthday	3	4 Brendan Schilling's birthday Faith Marburger's birthday Joshua J Pinkas's birthday Louis Wiltenmuth's birthday	5 Elizabeth Powell's birthday Torie Fox-Moles's birthday	6
7 Cindy Kohl's birthday	8 Lauren Fiery's birthday Mathew Zimmerman's birthday	9 Teri Grandowski's birthday	10	11 Donald Schumann's birthday Heather Westphal's birthday Michael Fox-Moles's birthday Teresa Cerritelli's birthday	12 Janet Early's birthday Marc Aliaga's birthday	13 Michael Biscamp's birthday Michael Eastman's birthday
14 Timothy Bogle's birthday	15	16 Betty Shanklin's birthday Drew Westphal's birthday Julie Smith's birthday	17 Olivia Bartee's birthday	18 Douglas Marqueen's birthday John Scarbeck's birthday	19 Dianna Harrington's birthday	20 John Wilson's birthday
21 Josh Pinkas's birthday Nancy Montgomery's birthday	22 Karl and Shirley Schmidt's anniversary	23 Bonnie Hughes's birthday Jonathan Cerritelli's birthday Madison Waltman's birthday	24	25 Benjamin Defever's birthday Victoria Gregor's birthday	26 Linda Musselman's birthday	27
28 Kristie Clifford's birthday	29 Jackie Lepard's birthday	30 Richard and Diane Zaidan's anniversary	31 Coletta Kuehner's birthday Keith Whelpley's birthday	February 1 Tony and Susan Antonelli's anniversary	2 Timothy and Katherine Gorder's anniversary	3 Laurie Mayer's birthday Moe Long's birthday

Happy New Year